

## ***Covid-19 Specific Safety Considerations for Certified Infant Aquatic (IA) and Infant Swimming Resource (ISR) Lessons***

The following suggestions are general best practices and guidelines for creating the safest possible environment for our students. Necessary precautions will vary based on the pool location and the most up to date recommendations from local health authorities. Geographical location and the status of the virus outbreak in local communities will likely dictate the level of precautions that will be necessary at any given time.

### **On going communication with parents including:**

Daily determination if parents or anyone in the household has had any fever, cough or shortness of breath in the last 14 days.

Daily determination if parents or anyone in the household has had known exposure or close contact with anyone that has or is suspected of having Covid-19.

Daily determination if parents or anyone in the household has traveled to a high risk area.

### **Facility/Pool area precautions:**

Have hand sanitizer available for anyone coming to the pool area.

Open doors/gates to prevent the need for touching doors/knobs/latches (this does not include areas with direct access to unsupervised pools).

Eliminate any eating/drinking from the pool area.

Request financial transactions/payments online instead of cash.

**Before the Lesson:**

Instructor will check pool chemistry daily and keep a written record.

No poolside visitors- only one adult per student. Designate an area where any siblings that must accompany the parent can safely sit.

Parents should arrive no more than 5 minutes before lesson with their child fully dressed in swim attire.

**During the Lesson:**

Maintain a minimum distance of 6ft from any anyone else in or around the pool.

**After the Lesson:**

Parents are encouraged to exit the pool area as soon as possible after the child is placed onto their towel, after an adequate rest period.

Parents should not wring out swim diapers in the pool or around the deck area.

Any disposable swim diapers, diapers or any other trash should be placed in a bag and taken home by the parent.

**In-between Lessons:**

Allow adequate time between families such that only one family is in the facility/ area at a time.

Properly wash your hands between students.  
Sanitize any shared surfaces/areas between students.

## **Instructor and Student Health:**

Instructor will take their own temperature daily prior to teaching for fever parameters.

If Instructor is experiencing any signs of illness, lessons will be canceled, due to any early signs of Covid-19 such as fever, cough, tiredness or shortness of breath.

Instructors with known exposure to Covid-19 should cancel lessons and follow recommendations of their healthcare provider. Families currently enrolled in lessons will be notified.

Closely monitor student health and practice continuous communication between instructor / parent.

Lessons will be canceled at any signs of student illness.

Educate parents to inform Instructor about any signs of impending illnesses prior to leaving for the pool.